

ART 357: Art Therapy Perspective– Understanding Children’s Art
Test #1
Spring 2023

Answer all short answer and essay questions in full sentences.

Name:

Multiple Choice (each answer is worth 2 points):

1. Which represents the **best** answer to keep a child’s tension and frustration from increasing?

- a) Psychological Holding
- b) Psychological Birth
- c) Transitional Object
- d) Enmeshment

2. Who invented the Squiggle Game?

- a) Rhoda Kellogg
- b) Melanie Klein
- c) D. W. Winnicott
- d) Margaret Mahler

3. Who coined the phrase “Good Enough Mothering?”

- a) Sigmund Freud
- b) D. W. Winnicott
- c) Margaret Mahler
- d) Anna Freud

4. Which school of psychology is Object Relations an offshoot?

- a) Behaviorism
- b) Psychodynamic
- c) Developmental
- d) Psychoanalytical

5. The following all define a transitional object. Which **best** correlates directly to the field of art therapy?

- a) A blanket doll or teddy bear
- b) Are infants' first not-me possessions
- c) They lessen the stress of separation and soothe
- c) They are tangible—can be held onto or grasped

True or False (each answer is worth 2 points.):

6. _____ Melanie Klein brought her children to Anna Freud for analysis, and in the session, Anna spoke about penis envy to her children.

7. _____ *Transitional Phenomena* are behaviors like rocking back and forth.

8. _____ Rocking back and forth serves the same function as a transitional object.

9. _____ Object Relations theory suggests the way people relate to others and situations in their adult lives are shaped by family experiences created during infancy?

10. _____ Lowenfeld believes that copying adult art disrupts children's natural artistic development.

11. Lowenfeld created aesthetic categories within each stage; **list** his 3 artistic categories. (3 points)

a.

b.

c.

12. Art-making prepares children for school readiness; one area of readiness is hand-eye coordination; list and **describe** the other two areas. (2 points)

a.

b.

13. List 3 types of Biblio-Narrative Therapy. (3 points)

a.

b.

c.

14. Who is Eliana Gil? (2 points)

15. Define Displaced Communication? (5 points)

16. Describe why art therapist Matthew Mulholland believes comics are therapeutic? (10 points)

17. What is Narrative Counseling? (4 points)

18. In the Biblionarrative lecture, we discussed the Strengths-Based Model. Define this concept. Describe it beyond looking at someone's strengths; what else was described in the lecture? (5 points)

19. Articulate why art therapy is beneficial for adolescent clients. Include the common themes, in the art, as part of your answer. (10 points)

20. Name 3 normative tasks of the developmental phase of adolescence. (3 points)

a.

b.

c.

21. List Lowenfeld & Brittain's six stages of artistic development. For each stage, include both L & B's age range and current art therapist's age range. Also, articulate 2 examples of how the human figure representation or schema is represented in each artistic stage. (18 points)

22. Describe Ann Pelo's model of Inquiry-Based Studio Practices in Early Childhood Settings? (15 points)
(It is recommended you outline your essay before you start writing.)

Extra credit:

23. There is a stage where the ages of the development reconnect, and current art therapists agree with Lowenfeld's research. Name this stage. (2 points)

24. This image represents the _____ artistic stage. Describe two aesthetic examples to prove your answer. (3 points)



