

Student #2

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Annotated Bibliography

Professor Zeisler

Goicoechea, J., Wagner, K., Yahalom, J., & Medina, T. (2014). Group counseling for at-risk african american youth: A collaboration between therapists and artists. *Journal of Creativity in Mental Health, 9*(1), 69–82.
<https://doi.org/10.1080/15401383.2013.864961>

This article discusses the importance of group counseling for children who are African American. These children are stuck in environments which involve drug addiction, alcoholism, as well as low socioeconomic status. For eight weeks children in kindergarten up to sixth grade met for two hours after school in a program where they participated in art activities which relate to their own personal lives, as well as their cultural upbringing. While creating these visual art activities children had the opportunity to express themselves through play, self enhancement, as well as community engagement. During the two hours spent in the after school program, Children were also given 30 minute discussions with individual therapists to discuss their personal growth and development beyond their family life. Creating programs which enhance a child's development will help limit the amount of intergenerational poverty statistics that are increasing within the United States. This article is important because it shows how children who come from urban areas, and different cultural backgrounds can use these programs to enhance their social development.