

Student #2

ART 454

Prof. Laura Zeisler

Case Presentation Narrative

Ana (Pseudonym) is an eight-year-old girl who attends the Boys and Girls Club at Cannons Elementary School on a semi-regular basis. She is of hispanic or latina descent, and her family has been observed speaking Spanish with her at drop off and pickup times. She has no difficulties using English to communicate. Ana has been observed throughout the past few months to exhibit perfectionist behavior, to the point that it inhibits her ability to complete her assigned work.

Ana has shown that she is very capable of practicing patience, and shows good executive functioning skills of planning out steps and following them accordingly. She has been observed asking for permission in an excessive manner, and is extremely perfectionist about her artwork. She is very engaged throughout the art activities, and takes frequent breaks to observe her work so far. Ana will work until the very last second, and rarely finishes her artwork. However, she does not seem visibly upset when her artwork is unfinished. She will also prioritize following directions over making more satisfying artwork.

Ana should be observed outside of the art classroom to determine whether her perfectionist behavior is present in other tasks, especially to such a degree that she does not finish or takes an excessive amount of time to finish. Her parents should also be consulted to determine whether she spends excessive amounts of time or energy worrying or exhibits any anxiety behaviors at home.

**Case Presentation**  
**ART 454: Art Therapy Internship**

!!! Attach *Consent to Use Client Art* form. Please note, without a signed document, you will not be able to present your case. (Anyone under 18 cannot sign a consent form, a parent or legal guardian must sign the consent.)

Each student will have different levels of access to historical or diagnostic information. If available, include the data, however, do not go on a fishing expedition. Only include what is possible and note if the information is unavailable. Do not add any names on the case presentation, create a pseudonym, or refer to the individual as the client.

Complete this worksheet, type a separate, 1-page narrative, prepare a 20- minute case presentation (no power points, speak directly to your audience), and include the original art. (If you do not have the original artwork, including a photograph of the image.) After your presentation, turn in the entirety of the assignment.

**Please do not include the consent to share artwork form in your final portfolio.** You will give Professor Zeisler a copy before you present, and she will shred the document.

Include the following–

Agency or Site: The Boys and Girls Club; Upstate, Inc

Date: 4/18/2022

Pseudonym, or the client: Anna (pseudonym)

Identified Gender: Female

Age: 8

Cultural Identity Factors: Hispanic or Latina, family speaks Spanish at home.

Strengths/What is healthy about this individual?: is able to practice patience, plan out steps and follow them accordingly

Presenting Symptoms/History: history unknown, perfectionism, excessive asking for permission

Describe the art in detail (use elements of design): usually unfinished, simple lines that are as clean or straight as she can manage, limited use of imaginative color.

Art directive/materials: Mosaic/collage, watercolor, colored pencils

Complete an ETC form and describe the client's behavior in the session: refer to ETC  
3.7.22

Client's comments/responses to their image: works until the last second, but does not show visible signs of distress when work is unfinished. Will prioritize following directions over making more satisfying artwork.

Your response to the image and overall session: Student should be observed in other classes to determine whether perfectionism or decision paralysis is present in other work. Her parents should also be consulted with in order to assess whether these things or other symptoms are present at home.

Describe any issues of accessibility arrangements in the studio, if none were implemented, explain why?  
No accessibility arrangements were made.

Recommendation(s) for future session:  
Further observe reasons for not finishing artwork. Observe whether perfectionism is also present in other, everyday tasks to the same degree.