

DATE: 2/22/2022

Mind-Body Integration

CREATIVITY

Cognitive

She can tell stories from very long ago.

Gave very specific details from her past such as names and what they looked like

Gave advice on what to do with my career

Knew that Jesus had a beard, a loin cloth and was nailed to the cross and created that image.

Had no short term memory: could not remember my name, school year, or major after asking 20X

(Cognitive Axis)

Symbolic

She was able to see objects in her and my scribbles such as an old bell, crooked cross, and a giraffe

Was able to interpret my scribble of lips as symbolically relating to love

Perceptual

Looked over at my artwork and was able to tell what my images were.

Presented interest in my work by asking about their meaning and why I made them

(Emotional Axis)

Affective

Presented in a positive mood due to stories being about happy events from her past

She told many many stories from her past

Laughed at her and my jokes

Could be a nervous laugh to fill in silence

Presented frustration from the color of the pencil not matching with her idea of a bell color by saying

wasn't good and taking many pauses to reassess the image.

Kineshetic

(Physical Axis)

Sensory

Had the ability to hold a colored pencil firmly and had the dexterity to stay in the lines of her drawing

She understood that other materials would work better for certain materials based on their texture

Was able to make direct eye contact

Presented that she was listening due to head nods, eye contact, and leaning in

Case brief: V. (2010) Expressive Therapies Continuum (ETC)
Implications for Brain Senses and Functions