4/14/22

# **Scribble Drawing Experiential**

I. Time Allotted: 75 minutes

#### II. Materials:

- 18" x 24" white paper (largest size available)
- Oil Pastels Expressionist
- Masking Tape

## **III. The Rationale for Materials:**

Oil pastels provide fluidity and color variety that will support free motion and imagination.

#### **IV. Placement of Materials:**

Materials will be placed on a table in the center of the room.

## V. Material Placement Rationale:

All materials will be placed in the center of the room for easy access to all as each student will be spread out throughout the room.

#### VI. Directive:

## 2:30-2:35 Introduce Activity

# Background: Florence Cane and the "Scribble Technique"

The "scribble technique" can be utilized to reduce inhibitions and liberate spontaneous imagery from the unconscious.

Florence Cane used the "scribble technique" as a kinesthetic method to facilitate the creative faculty within children.

She states that creative capacity is innate and can be enticed through reassurance and by

providing a favorable combination of circumstances.

- The "scribble technique" was utilized as a possible means of producing those circumstances conducive to creativity.

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The use of a scribble allows the client to bypass normal resistances to approach contactless conscious types of imagery.

The technique offers the client the opportunity to design his/her unstructured stimulus upon which to project dormant imagery.

- Today we are going to be creating scribble drawings.
  - Begin by getting a large piece of paper, a few pieces of tape and a box of oil pastels.
- Find a place on a wall or cupboard with a flat surface to which you can tape your paper.
- Make sure the spot you pick has plenty of room for you to have a free range of motion.
- Once your paper is securely taped onto the surface, we are going to take a few moments to close our eyes, slow our breathing, and find our center.
- Now select a single oil pastel. Once again close your eyes.
- And in one motion without lifting your pen from the paper, draw a single scribble on the entire page.
- You may open your eyes. Take a few moments to observe your scribble. -

What images are revealed to you?

- If nothing immediately jumps out at you you may remove the paper from the wall and turn it on its side, looking for the imagery.
- If you have found more than one kind of image, select just one to focus on for now. Begin fleshing out the image revealed to you.
- You will have 15 minutes to work. We will give you a 5-minute warning before you will need to find a stopping point.
- Please remove your drawing from the wall, and we will gather around in the center of the room. Please return your oil pastel box to the center table.

## 2:35-2:55 Scribble Drawing

#### 2:55-3:15 Discussion

Return to the center of the room. Circle around and open the opportunity to share and discuss.

## 3:15-3:30 Peer Feedback

## 3:30-3:45 Clean Up

During artmaking, are you, as the facilitator, going to create with the community? Why or why not?

Yes, to establish a welcoming and creative space where everyone is working.

# VII. Clean-Up Plan:

Complete clean-up i.e put materials back in the cupboards.

## VIII. The Rationale for Clean-Up:

Because they are capable, they can return the extra paper and oil pastels to the

## cabinets. IX. Discussion or Witness:

We would like to invite y'all to share what you all experienced during this activity.

- 1. What was the kinesthetic experience like? Would anyone like to describe their experience?
- 2. Let's take a moment to be curious about our images.
  - In case of silence
- 3. Is there anything in your symbol(s) that you would like to share?
- 4. What was it like finding images within the scribble?

Thank y'all for sharing and we appreciate what you've all created.

#### X. Peer Feedback: