

DATE: 2/7/22

Mind-Body Integration

Cognitive

- started to draw his favorite character, but changed his picture after making a different color.

CREATIVITY

(Cognitive Axis)

Symbolic

- took frequent breaks to look at instructor. when acknowledged, went back to work without saying anything.

- exclaimed, "Oh yeah!" when he was granted permission to start + grabbed the biggest paintbrush.

Affective

(Emotional Axis)

Perceptual

- used paintbrush like he would a crayon or marker → vigorous, back and forth motions

- held paintbrush loosely or tightly, depending on what he was currently coloring.

Kinesthetic

(Physical Axis)

Sensory

Jamie, G, Watercolor Markers