

**ART 453: Art Therapy Field Experience
Final Skills Worksheet
Fall 2022**

Name:

Date:

This worksheet will support integrating the course material, field experience and provide assessment documentation for your final grade.

This worksheet is divided into three sections:

- I. Academic theory and reading assignments.
- II. Skills
 - a. Academic Development- (i.e., understanding of course content)
 - b. Civic Responsibility
 - c. Practical skills
 - d. Interpersonal skills
 - e. Art Mentor skills
 - f. Studio accessibility
 - g. Empathy
 - h. Writing Measurable Goals
- III. Vija Lusebrink's Expressive Therapies Continuum (ETC) to record weekly observation skills and practice consistent documentation.

Answer the following questions:

1. Using each course text Allen and Remen, find a quote that directly correlates with each of the following skill sections: Academic Development, Civic Responsibility, Practical Skills, Interpersonal Skills, and Art Mentor skills. Cite all quotations in APA format. Next, reflect on how these skills have transformed over the semester, be specific.

i.e., template:

Academic Development:

Remen: type quote

Allen: type quote

Personal Reflection:

And so on.....

2. Look over the ETC worksheets. Choose 3 behavior examples for each section and answer the following questions. The examples may be from different participants:

i.e., template:

Creativity- (Using the language from the Creative Thinking Value Rubric, describe the role of creativity in the overall art-making experience throughout the semester. Were there any unique dynamics for this population?)

Cognitive Level-

Cognitive	Symbolic
1.	1.
2.	2.
3.	3.

Did you observe these sections each week? Was it challenging to find the behaviors in this section?

Did the material have any effect on your ability to document each section? If so, why?

Emotional level-

Perceptual	Affective
1.	1.
2.	2.
3.	3.

Did you observe these sections each week? Was it difficult to observe the behaviors in this section?

Did the material have any effect on your ability to document each section? If so, why?

Physical level-

Kinesthetic	Sensory
1.	1.
2.	2.
3.	3.

Did you observe these sections each week? Was it trying to see the behaviors in this section?

Did the material have any effect on your ability to document each section? If so, why?

3. From your completed Midterm Skills worksheet, answer the following question

I. A. List 2 skills you believe need additional attention.

1.

2.

B. What is your specific behavior plan to improve these skills?

1.

2.

C. Now, reflect on your behavior plan. Did the skills improve in the second half of the semester? If not, what would you need to change in your behavior plan to support actual improvement?

4. List 3 examples of accessibility set up to support the art-making process at this site (be specific).

5. Write your current definition of empathy. Describe how your definition has evolved over the semester?

6. List 3 measurable goals for the spring internship.