

**ART 453: Art Therapy Field Instruction**  
**Experiential Plan and Facilitation Reflection**  
**Fall 2022**

**I. Experiential Plan:**

- Include the materials list, schedule down to the minute, plan for 45 minutes of art-making and document the clean-up plan. Write a brief script for the directive and any discussion questions.
- If you are the lead facilitator, email everyone the plan by 11:00 on Wednesday.

**II. Reflection of your Art Mentor Skills:**

Answer the following questions–

- What went well?
- What would you like to reorganize, and why?
- Specifically, articulate the skills and behaviors in your answers.

**III. Save in your e-portfolio.**