

Student 1

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Annotated Bibliography

Qatar, A. S. (2012). Expressive arts therapy in the arabian gulf: History and future. *The international journal of the arts in society*, 6(5), 55-66. 10.18848/1833-1866/CGP/v06i05/36092

In this article, Weber looks at different ways to integrate expressive arts into the Arabian Gulf. Weber looked at the history of art therapy in the Arabian Gulf, finding that psychology is very important within Muslim communities. He gathered that the different countries across the Arabian Gulf take pride in many different forms of art therapy for many different reasons, integrating them into their religion. This article, especially the first section on the background of expressive arts therapy, will be the basis of my research for my presentation. Weber was able to conclude that combining modern western techniques with traditional Islamic practices would be the best outcome for those in the Arabian Gulf, which ties into my presentation through integrated approaches.